



**Mental
Health
Europe**

Equal rights.
Better mental health.
For all.



ANNUAL REPORT 2023



Co-funded by
the European Union

Mental Health Europe is the largest independent European network organisation working to:

PROMOTE
positive mental health
and wellbeing

PREVENT
mental health
problems

SUPPORT and **ADVANCE** the
rights of people with mental
health problems or psychosocial
disabilities



38

years of work



33

European countries



70

member organisations



OUR VISION

Mental Health Europe envisions a Europe:

- » Where everyone's mental health and wellbeing flourish across their life course.



OUR MISSION

- » To lead in advancing a human rights, community-based, recovery-oriented, and psychosocial approach to mental health and wellbeing for all.



OUR VALUES

- » Dignity and Human Rights
- » Person-centredness, Independence & Autonomy
- » Solidarity
- » Innovation
- » Independence
- » Co-creation
- » Collaboration



TABLE OF CONTENTS

1. A FOREWORD	4
2. A YEAR IN REVIEW	6
2023 IN NUMBERS	8
3. OUR PRIORITIES IN 2023	9
COMMUNICATION & AWARENESS-RAISING	13
4 WHO WE ARE & HOW WE WORK	16
MEET THE 2023 BOARD	16
MEET THE STAFF (2023)	17
MEET THE SENIOR POLICY ADVISORS	18
MEET THE HONORARY ADVISORS	18
MEMBERSHIP	19
MEET THE COMMITTEES AND TASKFORCES	19
OUR MEMBERS	20
PARTNERS	24
EUROPEAN ORGANISATIONS	25
OUR COALITION & ALLIANCES	26
5. OUR FINANCES IN 2023	28
6. ACKNOWLEDGEMENTS	29

1. A FOREWORD

A year of advocacy and action: celebrating Mental Health Europe' milestones in driving positive change

2023 marked a pivotal year for Mental Health Europe as we continued to be a persistent force driving positive change in the landscape of mental health across Europe. We played a significant role in influencing the European Commission's comprehensive approach to mental health in the direction of a more coordinated action at EU level on mental health. Our advocacy efforts and priorities such as prevention, accessible treatment, disability, and social inclusion, were firmly embedded in the agenda aligning closely with our core values. A key highlight of the year was the European Commission's unveiling of its comprehensive approach to mental health. We were honoured to be the sole NGO invited to the press conference, a testament to our organisation's growing role in shaping policies and influencing decision-makers at the highest levels.

We reinforced our role as the go-to organisation for mental health promotion, prevention of mental health problems and the protection of the rights of persons with psychosocial disabilities in Europe. Our engagement with European institutions, national governments, and international bodies has strengthened, allowing us to share our knowledge and expertise and to shape the national and European mental health discourse. We worked with the Belgian Federal Government to contribute to the upcoming 2024 Belgian Presidency. Moreover, our senior representatives were invited by Lithuania's Minister of Health to provide insights on actions on mental health across the EU. This further led to exchanges between the Lithuanian Minister of Health and its Irish counterpart, showing how Mental Health Europe can act as a knowledge broker and connector for public authorities.

We kept working hard in raising awareness on issues with the aim of bringing change on how mental health is understood and approached in Europe. The success of the 4th edition of the European Mental Health Week (22-28 May), reaching millions across Europe with its message of fostering mentally healthy communities, further solidified our position as the leading voice in the field. Mental Health Europe is requested more than ever to provide knowledge at events or for projects across all the EU. This means increased opportunities to promote co-creation in mental health and to mainstream a psychosocial and human-rights view of mental health.

The latter half of 2023 witnessed significant strides. While the European Commission's State of the Union address in September missed an opportunity to address mental health, we were encouraged by the Spanish Presidency's commitment to mental health, particularly their focus on youth mental health and 'Mental Health in All Policies.' Moreover, the year



culminated in a series of victories; the European Parliament's endorsement of a report on mental health, prioritising psychosocial approaches and inclusivity was a noteworthy benchmark.

As we looked to the future, we released our 2024 European Elections Manifesto, summarising a bold vision for mental health in the coming years. This roadmap aims to guide the next European Parliament and Commission, ensuring that mental health remains a top priority for the 2024-2029 period.

Finally, the year 2023 also marked significant transformation and progress for Mental Health Europe, as we embarked on a journey of renewal, culminating in a fresh visual identity. This revitalised new look (launched in January 2024) symbolises our commitment to connecting with audiences in a more impactful way and driving positive change.

As we reflect on the achievements of the past year, we are filled with optimism for the future. We look forward to building on this momentum and continuing this important journey in the years to come, working collaboratively with our members, policymakers, advocates, and supporters to create a Europe where better mental health is a reality for all.



Claudia Marinetti
Director



Catherine Brogan
President



2. A YEAR IN REVIEW

2023 At-a-Glance

Here are a few of the key highlights of what we have done this year:



16 February:

We responded to the **call for evidence on a comprehensive approach to mental health**. Our contribution focused on six main recommendations covering all those key aspects that should be in the EU approach to mental health for it to be truly comprehensive. [Learn more](#) ▶



22 February:

Led by Mental Health Europe and in partnership with the members of the Mental Health Advocacy Platform, we held a webinar on the EU Health Policy Platform in the framework of the **'Mental Health in All Policies Webinar': Towards a comprehensive approach to mental health**. [Read more](#) ▶



6 May:

Following the successful European Parliament event on 21 March **'A Comprehensive Approach to Mental Health: Plan, Act, Change'** co-organised by Mental Health Europe and the MEP Alliance, a comprehensive report summarising the key discussions and outcomes was released. [Read the report](#) ▶



8 May:

Calling for national legislators to make social media a healthier, safer experience for children and young people, we **launched a Petition on Change.org together with Dove**. We advocated for new design standards to reduce the harmful content young people are exposed to online. A total of 12,640 people signed the [petition](#). [Learn more](#) ▶



22-28 May:

The 4th edition of the **European Mental Health Week** was held under the theme of **promoting mentally healthy communities to support well-being at every stage of life**. The Awareness Week received patronage by the European Parliament and the personal patronage of Commissioner Stella Kyriakides. Seven events were held including the publication of policy recommendations. The #EuropeanMentalHealthWeek hashtag reached 16.5 million impressions. [Learn more](#) ▶



24 May:

The **Policy Event 'How Mentally Healthy Communities Can Make Us Thrive'** was held at the European Parliament under the framework of the European Mental Health Week. Co-hosted by three MEPs, the event discussed the policy recommendations detailing mental health in our communities, schools, workplaces, and at home. [Learn more](#) ▶



June:

We released our **Swedish EU Presidency Scorecard** (January-June 2023). The Swedish Presidency was commended for its focus on mental health promotion, including the links between social and environmental factors, early intervention, and cross-sectoral collaboration. [Learn more](#) ▶



6 July:

In view of the upcoming European elections, we released our **2024 European Elections Manifesto** with the aim of guiding the next mandate and agendas of the European Union bodies – from programmes of political groups and works in the European Parliament to the European Commission composition and their priorities, policies and initiatives for the 2024-2029 period.

[Read the Manifesto](#) ▶



13 September:

We reacted to European Commission President **Ursula von der Leyen's State of the Union address**. While her speech outlined important priorities and flagship initiatives, it missed a crucial opportunity to address health and especially the pressing issue of mental health within the European Union.

[Read more](#) ▶



21 September:

Together with the London School of Economics (LSE), we released the report **'Overview of research on the value for money of community mental health services'**. The report details that whilst human rights are a primary reason to strengthen our mental health systems and provide care and support at the community level, economic considerations also play a role. [Read more](#) ▶



10 October:

To mark **World Mental Health Day**, we collaborated with MEP Estrella Durá (S&D, Spain) and MEP Cyrus Engerer (S&D, Malta) who co-hosted a face-to-face **'EU-level Roundtable on the Psychosocial Approach to Mental Health'** at the European Parliament in Brussels. [Learn more](#) ▶



12 October:

In collaboration with the European Disability Forum (EDF), we released **proposed amendments to the Regulation on the protection of adults**. We called on the EU institutions and all EU Member States to promote and protect the rights of all in line with the UNCRPD. [Read more](#) ▶



30 November:

We welcomed the **Spanish Presidency's commitment to improve mental health** of the European population including 'Mental Health in All Policies'. We agreed with all the recommendations but also mentioned a caution on "reintegration" of people into society and workplaces. [Read more](#) ▶



12 December:

As the **European Parliament endorsed a report on mental health** urging the next legislature to prioritise the psychosocial approach, avoid corporate influence, and ensure inclusivity, we welcomed this development noting that it represents a significant step forward in addressing mental health challenges across Europe.

[Read more](#) ▶



22 December:

We were pleased to release our **'Guidelines on the Right to Vote for Persons with Psychosocial Disabilities in the European Union'**, recognising this right is essential for the personhood of every voter as it reflects their belonging to an electorate and a community. [Learn more](#) ▶



December:

We released our **EU Spanish Presidency Scorecard** (July-December 2023). The Spanish Presidency has set a great example for future Presidencies and laid the groundwork to ensure mental health continues to be high on the EU agenda. [Learn more](#) ▶

December:

Throughout the year, we carried out work to refresh our visual identity, logo and our [new website](#) ▶ (launched in January 2024).



2023 IN NUMBERS

112

full, supporting, and individual members from 34 European countries in 25 Member States

34

European countries represented

7

new members this year

61

events organised

> 1200

participants attended Mental Health Europe events

30+

statements & outputs have contributed to shaping policies across the EU

36%

increase in newsletter readership

40 K+

followers across social media platforms

14%

increase in social media followers

17

languages that Mental Health Europe materials are available in

20

publications in mass media



3. OUR PRIORITIES IN 2023

PROMOTING THE HUMAN RIGHTS-BASED APPROACH TO MENTAL HEALTH

Mental Health Europe is dedicated to championing the rights of individuals experiencing mental health problems. Our efforts are firmly grounded in the principles set forth by the UN Convention on the Rights of Persons with Disabilities (UN CRPD), which emphasises the importance of upholding the human rights of people with disabilities, including psychosocial disabilities.

Our mission encompasses a range of initiatives aimed at reshaping the landscape in Europe regarding de-institutionalisation, putting an end to coercive practices, and transitioning from systems of substituted decision-making to models that embrace supported decision-making.

Putting the person at the centre of all we do, we kept pushing for the full and meaningful inclusion of people with lived experience at every level of policy formulation and decision-making. Not only that, but we also went a step further by establishing our co-creation approach and promoting it as the way forward to shape partnerships on mental health that equally value everyone's perspective and contribution.



PRESIDENCY SCORECARDS

Mental Health Europe has developed a scorecard system to evaluate each Presidency's dedication to mental health to assess and analyse the effectiveness of the rotating Presidency of the Council of the European Union (EU) in addressing mental health issues. This scorecard aims to hold EU Presidencies accountable for mental health action.

During 2023, we published two Presidency scorecards. The first evaluated the **Swedish Presidency (January-June 2023)**, commending their focus on promotion, early intervention, and human rights. However, the report also highlighted the need for greater inclusion of people with psychosocial disabilities.



Read the Swedish Presidency Scorecard [here](#).

The second measured the **Spanish Presidency (July-December 2023)**, which has set a positive example for future Presidencies incorporating many of our longstanding recommendations, and laid the groundwork to ensure mental health continues to be high on the EU agenda. We reacted positively to see that many of the elements we have been advocating for over the last years have been taken into account by the Council.

Read the Spanish Presidency Scorecard [here](#).

COLLABORATION WITH WHO'S PAN-EUROPEAN MENTAL HEALTH COALITION



World Health Organization

European Region

Over the years, Mental Health Europe has been strengthening its collaboration with the WHO's Pan-European Coalition. As part of the Coalition's work package on children, adolescence and young people, Mental Health Europe supported the development of a framework for youth participation within this Coalition titled 'Youth engaged for mental health'. We have also had an active role in supporting the development of new quality standards to improve the quality of child and adolescent mental health care. The standards, based on literature and perspectives from young people, parents and carers, and service providers, set out a vision of what good-quality care for child and adolescent mental health looks like.



GUIDELINES OF VOTING RIGHTS & PROMISING PRACTICES FOR PERSONS WITH PSYCHOSOCIAL DISABILITIES

Ahead of the 2024 European Parliament elections, Mental Health Europe set out to do a study on the developments in the European Union (EU) Member States in regard to the right to vote for persons with mental health problems or psychosocial disabilities, with a particular focus on changes that may have occurred since the last European Parliament elections in 2019. As a result of that study, this document provides guidance through the analysis of the international law concerning the right to vote, a comparative analysis of national laws and practices and policy recommendations. The study also included a survey among Mental Health Europe's members to determine changes in policies and practices at national level. These guidelines are meant to be an instrument to support advocacy and policymaking calling for changes in laws, their implementation and practices that enable full access to the right to vote and stand for elections for people with psychosocial disabilities.

These Guidelines can be accessed [here](#).



PROMOTING THE PSYCHOSOCIAL MODEL AND UNDERSTANDING OF MENTAL HEALTH

Mental Health Europe advocates for a fundamental shift in societal perceptions of mental health. We challenge the prevailing biomedical model that often reduces mental health issues to biological, brain and genetic flaws, emphasising instead the psychosocial approach. The perspective of the psychosocial approach to mental health acknowledges the intricate interplay between individuals and their environments in shaping mental well-being. Factors such as socioeconomic conditions, relationships, trauma, and discrimination can significantly impact mental health. By prioritising the social determinants of mental health, we can create environments that foster resilience, recovery, and overall well-being.

To build a society where mental health is valued and supported, we must move beyond a purely biomedical focus. A psychosocial approach empowers individuals by recognising their strengths and capacities for growth. It emphasises the importance of community-based support, peer support, and access to a range of services that address the whole person. By adopting this holistic perspective, we can work towards a future where mental health is seen as an integral part of overall health and where everyone has the opportunity to thrive.

MENTAL HEALTH ADVOCACY PLATFORM

In May 2021, a new platform was launched by Mental Health Europe called the **Mental Health Advocacy Platform**. This is primarily a space for European and national focused organisations as well as persons with lived experience to come together and work towards the prioritisation of mental health. Most organisations that have joined this Platform do not primarily focus on mental health, but would like to engage more on the topic.

The Mental Health Advocacy Platform, in addition to EuroHealthNet, Trimbos and UNICEF, was in the driving seat of the work of the 'Mental Health in all Policies Thematic Network' hosted on the DG SANTE Health Policy Platform.

In 2023, two webinars were organised: "[Mental health in a digital world: how to ensure good mental health outcomes for vulnerable groups](#)" (11 January) and "[Towards a comprehensive approach to mental health - Strengthening the link between mental health and environment](#)" (22 February).

Through months of dedicated work, the thematic Network produced a [Joint Statement](#), calling for a 'Mental Health in all Policies' approach as a key component of any comprehensive initiative on mental health. Launched on 19 April, the Joint Statement was endorsed by 78 organisations and 25 individuals (including 9 MEPs). This overwhelming support is testament to the unwavering commitment of stakeholders from different sectors to work together united by a shared vision: a Europe where everybody's mental health can flourish throughout their life course.

In order to sustain collaboration among stakeholders, the Mental Health in All Policies Thematic Network has evolved into a dynamic [Stakeholders Network](#) (interested organisations can request access and become part of this transformative journey [here](#) ▶).

In the meantime, the Communication on a comprehensive approach to mental health was launched. The ambition is to use this Network as a tool to coordinate stakeholders' engagement in the implementation phase of the Communication on a comprehensive approach to mental health, but also as a platform to move forward in our journey towards a long-term strategy on mental health.

FIRST WEBINAR

Mental health in a digital world : How to ensure good mental health outcomes for vulnerable groups



OPEN TO ALL STAKEHOLDERS

To share knowledge and experiences related to concrete actions

11 JANUARY 2023
11:00-12:30 CET
VIA WEBEX (ONLINE)

#EUHPP @MHESME @EU_Health

POLICY RECOMMENDATIONS TO BUILD MENTALLY HEALTHY COMMUNITIES

Mental Health Europe is committed to creating a society where mental well-being is prioritised for all. Our 2023 policy recommendations within the framework of the European Mental Health Week outlined a vision for **Mentally Healthy Communities**, emphasising the importance of a holistic approach that addresses the social determinants of mental health.

We highlighted the urgency of addressing mental health challenges, and called for sustained investment and commitment from policymakers, communities, workplaces, and educational settings to build a mentally healthy future.

To achieve this vision, we highlighted the need to reshape our communities to be more supportive of mental well-being. This includes creating safe and inclusive spaces, promoting mental health literacy, and ensuring access to quality mental health support and services. By working together, we can empower individuals, strengthen communities, and build a society where everyone can thrive and reach their full potential.



Read our policy recommendations [here](#) ▶

WORLD MENTAL HEALTH DAY (10 OCTOBER 2023): A FOCUS ON THE PSYCHOSOCIAL MODEL



Mental Health Europe, in collaboration with MEPs Estrella Durá and Cyrus Engerer, convened a high-level roundtable at the European Parliament to commemorate World Mental Health Day 2023. Centred around the theme **“Mental Health is a Universal Human Right”**, the event delved into the critical importance of the psychosocial approach to mental health.

Bringing together policymakers, experts, and civil society representatives, the participants explored the challenges and opportunities in implementing this model, sharing best practices and identifying areas for improvement. We launched our **Toolkit on the Psychosocial Model** to support widespread adoption of this approach across Europe.

By sharing concrete examples of successful psychosocial practices and identifying barriers to progress, participants contributed to a deeper understanding of the necessary steps to improve mental health for all. This event was instrumental in advancing the conversation on mental health at the EU level and inspiring collaborative action to create a more supportive environment for all.

Read more [here](#) ▶

EUROPEAN HEALTH POLICY PLATFORM (EUHPP): MENTAL HEALTH IN ALL POLICIES

Led by Mental Health Europe, the EU Health Policy Platform hosted a webinar titled “Mental Health in All Policies”. The discussions explored the intricate links between mental health and the environment. We emphasised the importance of a comprehensive approach that considers the broader determinants of mental well-being. The event highlighted how climate change impacts mental health and how nature-based solutions can promote well-being. By bringing together experts and stakeholders, we fostered a deeper understanding of the complex relationship between these two critical areas. The webinar was a cornerstone of our **Mental Health in All Policies Thematic Network**, which aims to integrate mental health considerations across all relevant policies.

Learn more about the webinar [here](#) ▶

Read the Joint Statement [here](#) ▶



SECOND WEBINAR

Towards a comprehensive approach to mental health: strengthening the link between mental health and environment

OPEN TO ALL STAKEHOLDERS

To share knowledge and experiences related to concrete actions

22 FEBRUARY 2023
11:00-12:30 CET
VIA WEBEX (ONLINE)

#EUHPP @MHESME @EU_Health

Mental Health in all policies

EU Health Policy Platform

COMMUNICATION & AWARENESS-RAISING

NEW LOGO, VISUAL IDENTITY AND WEBSITE

A pivotal moment in 2023 was the successful completion of our work to revamp our visual identity. Recognising the importance of a strong and modern visual identity, we embarked on a comprehensive project to refresh our logo, website, and overall branding. This refresh was designed to better represent our mission, values, and the dynamic nature of mental health advocacy. The [new website](#), launched in January 2024, offers a more modern and engaging user experience, making it easier for our audience to access information, resources, and opportunities. This rebranding marks a significant milestone in our journey to connect with a wider audience and amplify our impact on mental health awareness and support.

Browse our new visual identity and website [here](#) ▶



Mental Health Europe



COMMUNICATING MENTAL HEALTH

In 2023, Mental Health Europe intensified efforts to shed light on the complexities of mental health, decrease stigma, and advocate for a Europe where mental health for all is prioritised. Through a strategic approach to communication and awareness-raising, we sought to inform, engage, and empower individuals, policymakers, and various stakeholders alike. Our communication efforts focused on amplifying the visibility of our policy priorities, projects, events and campaigns.

Our campaigns in 2023 were carefully designed to resonate with specific audiences, conveying clear and compelling messages about mental health. By leveraging our newsletters, publications, events, social media, podcasts, and collaborating with partners and thought leaders, we aimed to maximise reach and impact.

We also participated in awareness-raising activities throughout the year, including the European Mental Health Awareness Week, World Mental Health Day, and World Suicide Prevention Day. Moreover, many events and speaking engagements offered invaluable opportunities to connect with diverse audiences, share expertise, and enhance our partnerships and coalitions.

The production and dissemination of high-quality publications and digital content remained a cornerstone: briefings, articles, social media content, and podcasts to inform and educate a wide range of stakeholders. These materials served as valuable resources for policymakers, healthcare professionals, as well as the general public.

Aiming to foster a culture of respectful and empowering languages surrounding mental well-being and clarify mental health concepts and terminology, we translated our [Mental Health Europe's Glossary](#) into two languages (Dutch, Polish). Our social



media efforts paid off in 2023, as we saw an organic growth of 14% with over 4,800 new followers bringing us up to 40,943 total followers. The European Mental Health Week campaign was particularly successful, achieving an engagement rate of 16.5 million, a substantial increase from the 5.7 million recorded in 2022.

4TH EDITION OF THE EUROPEAN MENTAL HEALTH AWARENESS WEEK

Our flagship European Mental Health Week campaign aimed to reduce stigma and raise awareness of mental health issues under the theme of **'Mentally Healthy Communities.'** Through a series of events, workshops, and awareness-raising activities, we fostered conversations, raised awareness on stigma, and promoted understanding of mental health issues and their social, economic, and environmental determinants across Europe. The success of the Awareness Week is evidenced by quantifiable results (increased social media following and engagement, as well as media coverage). The Week garnered unprecedented coverage across social media and traditional press platforms, reaching 16.5 million people (compared to 5.7 million in 2022).

Furthermore, this edition received patronage by the European Parliament as well as the personal patronage of Commissioner Stella Kyriakides as member of the European Commission. Seven events were held as well as the publication of policy recommendations.

See more on the [Awareness Week webpage](#) ▶



EMPOWERING MINDS PODCASTS

Two Empowering Minds Podcast episodes were released: Episode 9 was a special edition 'Mental Health Europe: Who, What, How.' In the context of the 4th edition of the European Mental Health Week, the Mental Health Europe team joined the podcast to talk about the behind-the-scenes of day-to-day work, including the development of the European Mental Health Week, the varied membership and many other initiatives that keep the team busy all year long.

Episode 10 addressed the Psychosocial Model of Mental Health. Having been at the forefront of understanding how societal structures, institutional practices, and legislation impact mental health and rights, we advocate for a paradigm shift away from the biomedical model towards a psychosocial approach that prioritises social inclusion, recovery, and human rights.

[Empowering Minds Podcast Episode 9](#)

[Empowering Minds Podcast Episode 10](#)



DOVE & MENTAL HEALTH EUROPE CALL FOR SAFER SOCIAL MEDIA ENVIRONMENT

Research from the Dove Self-Esteem Project reveals that over 8 in 10 kids are exposed to toxic beauty content on social media. So, in the context of social media becoming one of the biggest threats to young people's mental health, Dove and Mental Health Europe pushed to prioritise legislation at the national level across the European Union to advocate for new design standards that will reduce the harmful content young people are exposed to online.

Together with Dove, we called for a safer social media environment to protect children's mental health by launching a petition on [Change.org](#) to demand national legislators make social media a healthier, safer experience for children and young people. This [petition](#) gained 12,640 signatures.

Find out more [here](#)



4 WHO WE ARE & HOW WE WORK

MEET THE 2023 BOARD

Meet the Board Members who support the work of Mental Health Europe Brussels Team with passion and commitment.



Catherine Brogan

President, Deputy CEO at
Mental Health Ireland



Kristijan Grđan

Vice President, Association for
Psychological support, Croatia



Stefaan Baeten

Treasurer, Vlaamse Vereniging
voor Geestelijke Gezondheid
(VVVG), Belgium



Paul Bomke

Member of the Board,
Secretary, Dachverband
Gemeindepsychiatrie,
Pfalzkllinikum, Germany



Wieteke Beernink

Member of the Board, De
Nederlandse GGZ, The
Netherlands



Andrej Vršanský

Member of the Board, League
for Mental Health, Slovakia



Maria Maunz-Ranacher

Member of the Board, Pro
Mente Austria, Austria



Pino Pini

Member of the Board,
Associazione Italiana per la
Salute Mentale (AISME), Italy



Sanna Vesikansa

Member of the Board, Mental
Health Finland, MIELI, Finland

MEET THE STAFF (2023)

A team of dedicated professionals committed to the promotion of positive mental health and wellbeing in Europe.



Claudia Marinetti
(she/her)
Director



Liuska Sanna
(she/her)
Head of Operations



Laura Marchetti
(she/her)
Policy Manager



Fatima Awil
(she/her)
Policy & Knowledge Officer



Francesca Centola
(she/her)
Policy & Knowledge Officer



Jackie Mellese
(she/her)
Communication Manager



Marcel Marchetti
(they/them)
Junior Communication Officer



Joseph O'Sullivan
(he/him)
Junior Communication Officer



Vivian Hemmelder
(she/her)
Research & Project Officer



Emanuela Del Savio
(she/her)
Project Officer



Rodica Berdila
(she/her)
Administration & Finance
Officer

This year, we said goodbye to:
Laura Marchetti,
Vivian Hemmelder
and welcomed:
Emanuela Del Savio
and Rodica Berdila.

For more information about our Team, [click here](#).

MEET THE SENIOR POLICY ADVISORS

Our Senior Policy Advisors are of invaluable support. Their role is to support the work of Mental Health Europe in specific policy areas.



Nigel Henderson

Understanding Mental Health, Recovery Services, All Policies



Dominique de Marné

Youth



Gabor Petri

Social Policy



Jan Pfeiffer

De-institutionalisation, Structural Funds

MEET THE HONORARY ADVISORS

Our Honorary Advisors offer support to our work thanks to the breadth and the depth of their knowledge on the functioning of Mental Health Europe throughout its long-standing history.



Josée van Remoortel



Stijn Jannes



Bob Grove



MEMBERSHIP

In 2023, we proudly represented **70** member organisations from **33** European countries. We would not be able to accomplish what we do without the strong support and participation of our members.

Our diverse membership encompasses associations and individuals in the field of mental health, including people with mental health problems and psychosocial disabilities, their supporters, professionals, service providers, academia and advocates.



70

MEMBER ORGNISATIONS



33

EUROPEAN COUNTRIES

MEET THE COMMITTEES AND TASKFORCES

Mental Health Europe Committees and Taskforces support our office on specific issues related to mental health, including human rights, policy, youth, communications and governance.

The Committees support Brussels office's work on a regular, permanent basis. Taskforces have a temporary character and deal with specific topics, limited in time, scope and depending on the needs.

STANDING COMMITTEES

1. Membership & Accreditation
2. Finances
3. Human Rights

TASKFORCES

1. Psychosocial Approach Expert Group
2. Social Policy
3. Migration
4. Youth
5. Communications
6. Co-creation
7. Human rights

The previous Taskforce Beyond the Bio-medical Paradigm (BBP) became the Psychosocial Approach Expert Group due to the need to have a permanent expert group to help respond as issues arise to the continuing predominance of the medical model and to research and promote alternatives in line with the psychosocial, human rights based, and person-centred approach to mental health enshrined in the UNCRPD and at the heart of our philosophy and values.

OUR MEMBERS

AUSTRIA

Pro Mente Austria <https://www.promenteaustria.at/de/home/> ▶

ALBANIA

Foundation Together Albania <https://www.togetheralbania.org> ▶

BELGIUM

Familles du Monde <https://famillesdumonde.eu> ▶

Hand in Hand <https://www.ipso-gent.be> ▶

Huis Perrekes <https://perrekes.be/> ▶

Psyche <https://www.psyche.be> ▶

Steunpunt Geestelijke Gezondheid <http://www.steunpuntgg.be/> ▶

UNESSA <https://www.unessa.be/> ▶

Zorgnet-Icuro <https://www.zorgneticuro.be/> ▶

BULGARIA

Koja <https://www.koja-bg.org/> ▶

CROATIA

Susret - Association for Psychological Support <http://www.udruga-susret.hr/home/> ▶

CZECH REPUBLIC

Fokus CR <http://www.promente.hr/en/> ▶

ESTONIA

Estonian Mental Health Association <https://lapsemure.ee/> ▶

EUROPEAN ORGANISATIONS

ADHD Europe <https://www.adhdeurope.eu/> ▶

CAReNetwork <https://thecare-network.com/> ▶

Club House Europe <https://clubhouse-europe.com/> ▶

EMDR Europe <https://emdr-europe.org> ▶

European Assertive Outreach Foundation <https://www.eaof.org/index.html> ▶

EURORDIS – Rare Diseases Europe <https://www.eurordis.org> ▶

Horatio European nurses <http://www.horatio-web.eu/> ▶

MeTis Europe <http://www.metis-europe.eu/> ▶

SMES-Europa aisbl <http://www.smes-europa.org/> ▶

FINLAND

Finnish Central Association for Mental Health (MTKL) <https://www.mtkl.fi/> ▶

Mieli - Mental Health Finland <https://mieli.fi/fi> ▶

FRANCE

Advocacy France <https://www.advocacy.fr/> ▶

GERMANY

Bundespsychotherapeutenkammer (BptK) <https://www.bptk.de/> ▶

Bundeszentrale fuer Gesundheitliche Aufklaerung (Bzga) <https://www.bzga.de/> ▶

Dachverband Gemeindepsychiatrie <https://www.dvgp.org/> ▶

Irrsinnig Menschlich e.V. (Madly Human) <https://www.irrsinnig-menschlich.de/en/> ▶

Landesnetzwerk Selbsthilfe seelische Gesundheit e.V <https://www.netzg-rlp.de/home/> ▶

Pfalzkrlinikum – Adoer <https://www.pfalzkrlinikum.de/home/> ▶

Zentegra <https://www.zentegra.de/> ▶

GREECE

ARGO Federation <http://argo.org.gr/> ▶

EPIONI <https://www.epioni.gr/> ▶

Hellenic Association For Counselling <https://www.elesyp.gr/> ▶

Mental Health Institute for Children and Adults (M.H.I.C.A.) <http://www.inpsy.gr/en/> ▶

Society of Social Psychiatry P.Sakellaropoulos <http://ekpse.gr/en/> ▶

HUNGARY

Mental Health Interest Forum (PEF) <https://pef.hu> ▶

ICELAND

Icelandic Mental Health Alliance (Geðhjálp) <https://gedhjalp.is> ▶

IRELAND

Mental Health Ireland <https://www.mentalhealthireland.ie/> ▶

Mental Health Reform <https://www.mentalhealthreform.ie> ▶

ISRAEL

Makshivim Net <https://makshivim.net/> ▶

ENOSH <https://www.enosh.org.il/english/> ▶

ITALY

Associazione Italiana per la Salute Mentale (AISME)	http://aisme.info/home-english ▶
Comunità di Venezia	https://www.comunitadivenezia.it/ ▶
Diritti alla Follia	https://dirittiallafollia.it ▶
Tages Onlus	https://www.tagesonlus.org ▶

LITHUANIA

Mental Health Perspectives	http://www.perspektyvos.org/ ▶
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NETHERLANDS

GGZ Nederland	https://www.ggz nederland.nl/ ▶
Mind NL	https://wijzijnmind.nl/ ▶

POLAND

Human Foundation	https://human-foundation.eu ▶
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PORTUGAL

Centro de Direito da Família	https://www.centrodedireitodafamilia.org/ ▶
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ROMANIA

ESTUAR	http://www.estuar.org/ ▶
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SERBIA

Psychosocial Innovation Network	https://psychosocialinnovation.net/en/ ▶
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SLOVAKIA

Integra	https://www.integradz.sk ▶
Liga za duševné zdravie	https://dusevnezdravie.sk ▶
Open the Doors, Open the Hearts (ODOS)	http://www.odos-sk.com/ ▶

SPAIN

Andalusian School of Public Health	https://www.aspher.org/users,119.html ▶
Asociacion Espanola de Neuropsiquiatria (AEN)	https://aen.es/ ▶
Asociacion Nacional de Enfermeria en Salud Mental (ANESM)	http://www.aeesme.org/ ▶
Confederacion Salud Mental Espana	https://consaludmental.org/ ▶
Drissa Private Foundation	https://fundaciodrissa.com/en/about-us/ ▶
Fundacion Mundo Bipolar	http://ibpf.org/resource/fundacion-mundobipolar ▶
Fundació Support-Girona	https://supportgirona.cat ▶
Platforma entitades para la promocion e integracion (ISEM)	https://www.redisem.es/ ▶

SWEDEN

Mind Sweden

[https://mind.se/ ▶](https://mind.se/)

SWITZERLAND

OST- Eastern University of Applied Science – Competence Center for Mental Health

UK

Badiliko

[https://www.badiliko.com ▶](https://www.badiliko.com)

Penumbra

[http://www.penumbra.org.uk/ ▶](http://www.penumbra.org.uk/)

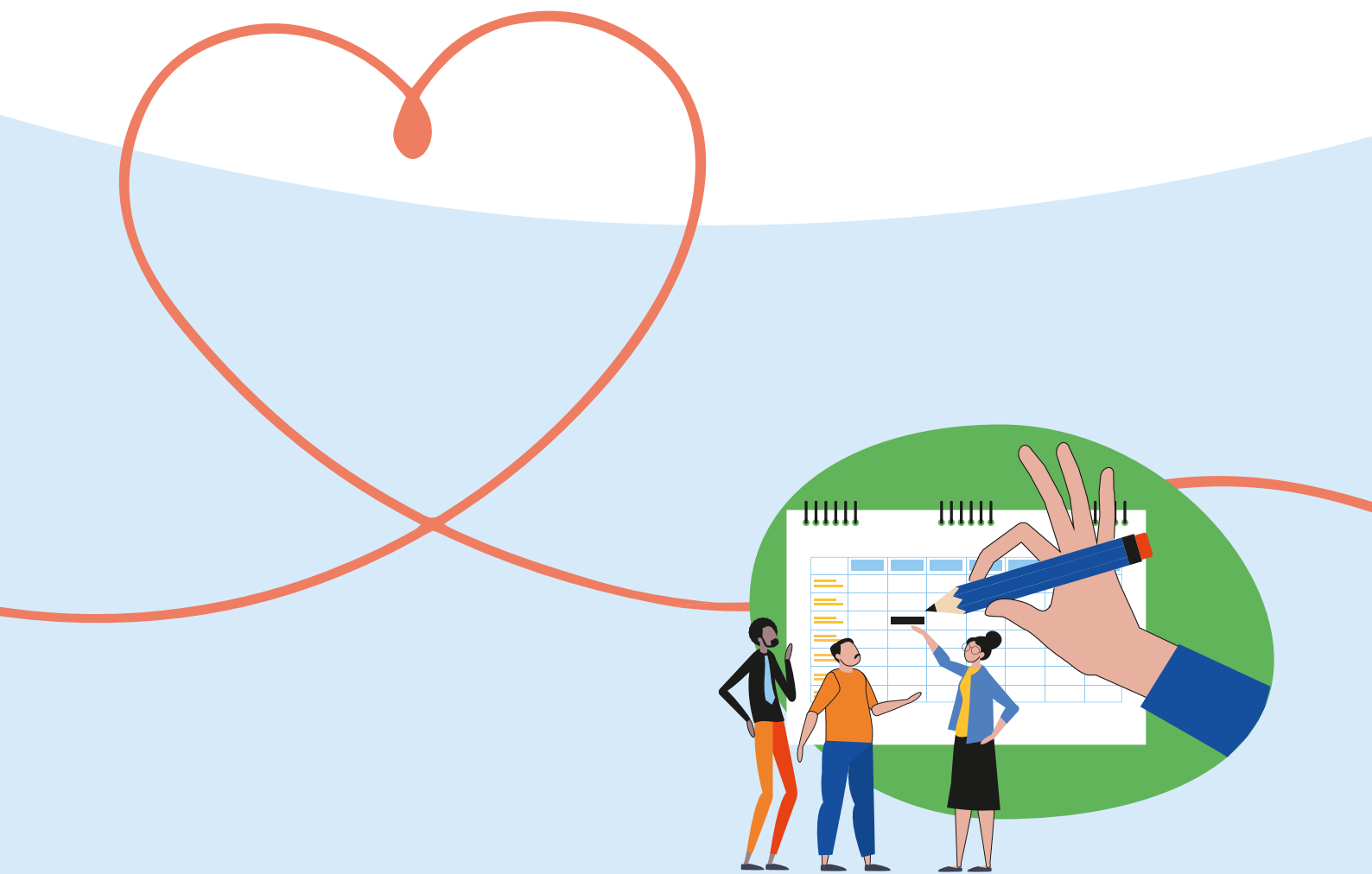
The British Psychological Society

[https://www.bps.org.uk/ ▶](https://www.bps.org.uk/)

UKRAINE

National psychological association of Ukraine

[https://www.npa-ua.org ▶](https://www.npa-ua.org)



PARTNERS

Mental Health Europe collaborates closely with European Institutions and international bodies to elevate mental health at the heart of EU policymaking. In partnership with our members, Mental Health Europe formulates policy recommendations aimed at fostering mental health-friendly policies.

Mental Health Europe places users of mental health services at the centre of its work to ensure the voice of people who experience mental health challenges is heard across Europe.



EUROPEAN COMMISSION

Collaborating with the European Commission is central to Mental Health Europe's work. This collaborative effort includes active engagement in various civil dialogues, providing input in response to publication consultations and participation in European conferences and forums. Additionally, Mental Health Europe readily shares expertise and insights on mental health policy with the EU Commission whenever the need arises.



EUROPEAN PARLIAMENT

Mental Health Europe works closely with the European Parliament and its Members through the MEPs affiliated to our Coalition for Mental Health and Well-being.



WORLD HEALTH ORGANIZATION

Mental Health Europe holds observatory status with the World Health Organization (WHO), and we are proud to have our work integrated into the WHO Quality Rights initiative, focusing on human rights and mental health. Some of Mental Health Europe's materials are utilised for the training of healthcare professionals in this crucial area.



UNITED NATIONS

Mental Health Europe diligently oversees the EU's adherence to the UN Convention on the Rights of Persons with Disabilities, with particular attention this year directed toward independent living and Article 19 of the UN CRPD.



COUNCIL OF EUROPE

Mental Health Europe holds consultative status within the Council of Europe and actively contributes to the Council of Europe coalition of INGOs. Mental Health Europe is at the forefront of efforts opposing the contentious Additional Protocol to the Council of Europe Oviedo Convention concerning involuntary placement and treatment of people with mental health problems.



COUNCIL OF EUROPE INTERNATIONAL LABOUR ORGANISATION

Mental Health Europe is member of the mental health working group of the International Labour Organization – Business and Disability.

EUROPEAN ORGANISATIONS

Mental Health Europe maintains strong ties with various European organisations engaged in health, disability, and social affairs. As part of these connections, Mental Health Europe is a member of the following European organisations:



EUROPEAN DISABILITY FORUM



EUROPEAN PATIENTS FORUM



EUROPEAN PUBLIC HEALTH ALLIANCE



socialplatform

SOCIAL PLATFORM

OUR COALITION & ALLIANCES

EUROPEAN PARLIAMENT'S COALITION FOR MENTAL HEALTH AND WELLBEING

Since its establishment in 2012, the Coalition has united Members of the European Parliament (MEPs) from various political groups, all dedicated to promoting the integration and prioritisation of positive mental health within all policy areas. This dynamic platform of like-minded MEPs serves as a powerful agent for change, amplifying the voices of people dealing with mental health challenges and championing a concerted approach to tackling the most critical factors influencing mental well-being.

www.mental-health-coalition.com ▶

#MHEPCoalition



EUROPEAN EXPERT GROUP ON TRANSITION FROM INSTITUTIONAL TO COMMUNITY-BASED CARE (EEG)

Mental Health Europe plays an active role in the European Expert Group on Transition from Institutional to Community-based Care (EEG), collaborating alongside 12 other organisations to champion the cause of deinstitutionalisation and the transition toward community-based care across Europe.

www.deinstitutionalisation.com ▶

#EEGCommunity



THE EUROPEAN ALLIANCE FOR MENTAL HEALTH – EMPLOYMENT & WORK

The EUMH Alliance, a coalition of European organisations, aims to enhance mental health at work, promote equal employment opportunities for those with mental health problems, and shape EU policies in these areas.

www.eumhalliance.com ▶

#EUMHAlliance



EU ALLIANCE FOR INVESTING IN CHILDREN

The EU Alliance for Investing in Children unites more than 20 European networks, all deeply dedicated to eradicating child poverty and enhancing the well-being of children throughout Europe.

The Alliance's partners believe that the EU's policy framework and funding options have the potential to inspire political dedication and drive policy reform within individual Member States, ultimately enhancing the quality of life for children and youth across Europe.

www.alliance4investinginchildren.eu ▶

#InvestingInChildren



TASKFORCE ON CO-PRODUCTION AND THE SUPPORT SERVICES OF TOMORROW

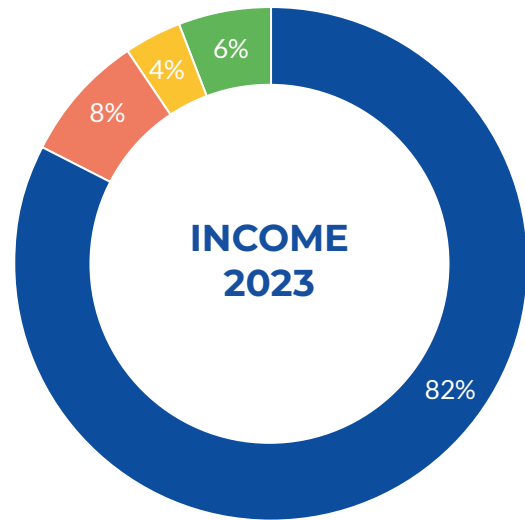
This Taskforce is a collaborative effort involving multiple organisations, including EASPD, Inclusion Europe, European Disability Forum, European Network on Independent Living, COFACE Families Europe, and Mental Health Europe. The aim is to together shape the future of support services to facilitate complete inclusion and exploring the role of co-production in achieving this goal.



5. OUR FINANCES IN 2023

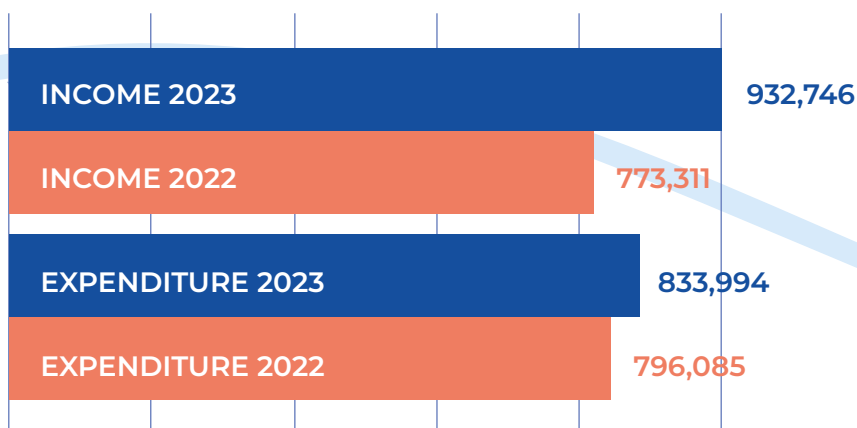
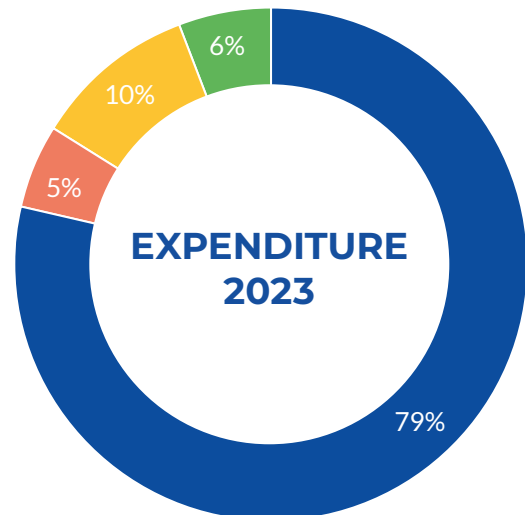
INCOME 2023

Grants	768,832
Membership fees	74,338
Donations	35,889
Other income	53,687
Total	932,746



EXPENDITURE 2023

Personnel	656,693
Administration	44,947
External services	85,685
Activities	46,669
Total	833,994



6. ACKNOWLEDGEMENTS

We extend our heartfelt gratitude to all our supporters, who enable us to make a difference in the realm of mental health in Europe. On behalf of everyone at Mental Health Europe, thank you for your invaluable support!



European
Commission



Dove
www.dove.com ▶

KAO

KAO (UK) Limited
www.kao.com ▶

team.blue

team.blue
www.team.blue ▶



Bombardier Recreational Products
www.brp.com/en/ ▶



**Mental
Health
Europe**

Equal rights.
Better mental health.
For all.

**THIS IS A UNIQUE MOMENT
FOR MENTAL HEALTH,
AND FOR MENTAL HEALTH EUROPE.**

Join us in making an impact
for human rights-based
and recovery oriented
mental health systems
of the future!

Mental Health Europe
Rue de la Presse 4,
1000 Brussels, Belgium

mentalhealtheurope.org



Co-funded by the European Union

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