



**Mental
Health
Europe**



Agenda

Mental Health and the impact of discrimination and inequalities based on race and ethnicity

Thursday 14 November 2024

Time: 13 to 14:30

Location: European Parliament (room ASP 5E1)

Hosted by MEP Tilly Metz (Greens/EFA)

Background

Mental health is an integral part of health, and a basic human right yet remains an area where many marginalised groups face significant disparities. Across Europe, individuals from racial and ethnic minorities experience unique mental health challenges driven by systemic discrimination and inequality. Studies show that people from minority ethnic backgrounds are more likely to encounter barriers to mental health services, receive inadequate care, and experience poorer outcomes. These challenges are further compounded by the stigmatisation of mental health problems within communities and the lack of culturally sensitive approaches in healthcare systems. In the context of the European Union's commitment to diversity, inclusion, and human rights, addressing the mental health impact of these inequalities is paramount.

In line with the new EU legislature, this event in the European Parliament will serve as a platform to discuss the intersection of mental health, race, and ethnicity, focusing on the need for policy reforms, equitable access to care, and the implementation of culturally competent mental health services. The event will bring together key actors to discuss the current state of play and steps required towards an approach which combat discrimination and promote equality and equity.

Agenda

13:00 – 13:10	Welcome MEP Tilly Metz
13:10 – 13:20	Setting the context Fatima Awil will present MHE's report on the impact of discrimination and inequalities based on race and ethnicity
13:20 – 14:00	Panel Discussion <ul style="list-style-type: none">- Dr. Emmanuel Achiri, Policy and Advocacy Advisor: Migration and Policing, European Network Against Racism (ENAR)- Michaela Moua, European Commission's Coordinator on combating racism.- Louise Bonneau, Advocacy Officer on Access to Justice, Racial Equality and Health, Platform for International Cooperation on Undocumented Migrants (PICUM)
14:00 – 14:25	Interventions from MEPs

14:25 – 14:30

Closing

Claudia Marinetti
MEP Tilly Metz

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