



**Mental  
Health  
Europe**

## E-Youth Project Final Conference

# Improving the mental health care and social inclusion of young people.

**20 June 2024 (10:00 – 12:00)**

*To wrap up an Erasmus+ Project titled E-Youth Project, Mental Health Europe is organising a final conference, in collaboration with project partners. Stakeholders are invited to help us explore the lessons learned and the needs of young people facing exclusion in Europe.*

### BACKGROUND

E-Youth (Empowering youth Individuals with fewer opportunities towards citizenship), is an Erasmus+ Project which started in 2022 and aims to develop a cross-sectoral and community-based intervention methodology for youth people with disabilities, as well as upskill, reskill, and enhance the competences of young workers or young professionals in the sector. This is underpinned by the United Nations Convention on the Rights of Persons with Disabilities.

According to the last Eurobarometer survey, 89% of European citizens, including young people, think that mental health is as important as physical health, and 62% think that recent world events affected their mental health. Their mental health needs, however, are far from being met.

Therefore, on the 20<sup>th</sup> of June 2024, the project will host the final conference where the project results will be presented to the public and with stakeholders. The interactive discussion will bring together key actors to discuss the lessons learned and the needs of young people facing exclusion in Europe.

### OBJECTIVES

This hybrid event will be an occasion to opportunity to:

- Introduce the E-Youth Project and present its respective Project Results (PRs);
- Reflect on the needs of young people facing exclusion in Europe;
- Generate dialogue between key stakeholders on how the Project Results can better support their work.

### LOGISTICS:

- **Time & Date:** Thursday 20<sup>th</sup> of June; 10:00 – 12:00.
- **Venue:** Muntpunt, Monnaie, 6 1000 Brussels – room De Wolken.
- **Format:** Hybrid event.
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### AGENDA

*\*Facilitated by Mental Health Europe (MHE)*

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
<b>10:00 – 10:05</b>	<b>Welcome</b>	<b>Mental Health Europe</b>
<b>10:05 – 10:10</b>	<p><b>E-Youth Project Introduction</b></p> <p><i>Opportunity to highlight the state of youth in Europe and provide a brief overview of the E-Youth Project.</i></p>	<b>Support-Girona</b>
<b>10:10 – 10:50</b>	<p><b>Presenting E-Youth Project Results</b></p> <ul style="list-style-type: none"> <li>- PR1 (UDAF 82)</li> <li>- PR2(Support-Girona)</li> <li>- PR3 (COCEMFE Sevilla/OZARA d.o.o)</li> <li>- PR4 (EQuip)</li> </ul>	<b>E-Youth Project Partners</b>
<b>10:50 – 11:27</b>	<p><b>Presenting PR 5 Policy Recommendations &amp; Interactive Discussion</b></p> <p><i>Attendees to be asked the following guiding question:</i></p> <ul style="list-style-type: none"> <li>- <i>What are your reflections on the E-Youth Project?</i></li> <li>- <i>How can the Project Results (PRs) we have presented support you in your work?</i></li> <li>- <i>Can you reflect on the needs of young people facing exclusion in Europe?</i></li> </ul>	
<b>11:27 – 11:30</b>	<b>Closing and next steps</b>	<b>Mental Health Europe</b>
<b>11:30 – 12:00</b>	<b>Networking</b>	

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