



Mental Health Europe creates Empowerment - European Empowerment Seminar -

24th - 26th September 2019

VENUE: University Koblenz – Landau, Campus Landau in Landau, Pfalz, Germany)

AGENDA

Ways to Improve Empowerment at Regional and European Level

Tuesday 24th

15:00-22:00 Welcome

- Welcoming guests at the hotel and at University – Welcome Party

Wednesday 25th

MORNING

10:00 – 12:30 *How can we improve Empowerment and Participation?*

9:30 – 10:00 Reception at University Campus, Landau, Social venue

10:00 – 10:15 A short welcome (MHE and NetzG and Dachverband) **(confirmed)**

10:15 – 10:30 Introduction: Challenges for Empowerment – a personal and regional view
(Franz-Josef Wagner, Netz-G) **(confirmed)**

10:30 – 11:00 Why Peer Support and independent complementary advice matter (Peer-
Supporter, Ex-In Participants, Users and Professionals) **(confirmed)**

11.00 - 11.15 Coffee Break

11:15 – 12:45 Workshops and World Café with

- Karin Römer, Ex-In and Peer Supporter **(confirmed)**
- Sarah Barry, Head of complementary independent advice for participation **(confirmed)**
- Members of NetzG Rheinland-Pfalz (Network for Self Help on Mental Health in
Rhineland-Palatinate) **(confirmed)**

12.45 -13.45 Lunch break

AFTERNOON

13:45 – 15:30 Evaluation and Discussion: Improve Empowerment all over Europe – but how?
(confirmed)

15:30 – 15.45 Coffee Break

15.45 – 16:30 Wrap Up Dialogue continues (confirmed)

EVENING

18:00 – 22:00 Dinner and party in Landau

Thursday 26th

9:30 – 10:30 MentALLY: a pilot project focusing on improving European mental healthcare
(mentALLY group; confirmend)

10:30 - 13:00 Presentations by ENUSP European Network of (ex)users and survivors of psychiatry (ENUSP)

13.00: Networking Lunch & End of the Empowerment Meeting

Alternatives:

Site visits in the region: participation and empowerment in the palatine region – what we do here?



This event is supported by the European Union Programme for Rights, Equality and Citizenship.